



# July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Guess this Baby Please bring a baby picture of yourself to the Activity Dept by Thursday July 9th We will have all pictures on display the following week so we can Guess this Baby!</p>		<p>1 10:00 Fitness (FC) 10:00 Art Class I (AR) 10:45 Brain Fitness (CR) 2:00 Shopping Plymouth V 2:00 Macarena Dance (FC) 3:00 Jim Porcella (Pub) Italian American Tribute 4:00 Making Canolies (CK) 7:00 Games with Dean (DR)</p>	<p>2 10:00 Tai Chi (FC) 11:00 Brain Gym (CR) 1:45 Travelogue (MT) 2:00 Jewelry Design (AR) 3:30 Longword (AR) 4:00 Walk Fit (CK) 6:30 Depart Plymouth (V) Waterfront Legion Bud Band 7:00 Scrabble (DR)</p>	<p>3 10:00 Fitness (FC) 10:45 Brain Gym (CR) 11:00 Christian Service In the Dining Room 2:00 Bingo (DR) 3:30 Cocktail Party (Pub) Resident Sing A Long 7:00 Cribbage (DR) 7:00 Movie (MT)</p>	<p>4 <b>Fourth of July</b> 10:00 Fitness Class (FC) 11:00 Patriotic Trivia (CK) <b>4th of July Picnic Lunch</b> 2:00 Celebrate the 4th with Guitarist Ann Farmer 3:30 Watermelon Social CK 7:00 Scrabble (DR) 7:00 Breakfast at Tiffany's In the Movie Theater</p>
<p>5 7:30-9:00 Sunday Special Breakfast 8:30 Church Transportation 10:30 CVS (Van) 2:00 Bingo (DR) 3:30 Iced Coffee Social CK 4:00 Discovery Walk (TBA) 6:45 Cribbage (CK) 7:00 Foyle's War Enemy Fire</p>	<p>6 10:00 Fitness (FC) 11:00 Chef Drew (FC) 11:15 Word Search (CK) 2:00 Inspirational Hour (P) 3:00 Longword (AR) 4:00 Depart Picnic Supper Driving Range (Van) 7:00 Scrabble (DR)</p>	<p>7 9:30 Catholic Communion 10:00 Fitness (FC) 10:45 Meditation (FC) 1:45 Tues Matinee (MT) 2:00 Art Class II (AR) 2:00 Putting Practice (FC) 2:30 Word Search (CK) 3:00 Flower Arranging CK 7:00 Resident Bingo</p>	<p>8 10:00 Fitness (FC) 10:00 Art Class I (AR) 10:45 Brain Fitness (CR) 1:45 Pilgrim Hall Museum V 2:00 Shopping Plymouth V 2:30 Travelogue (MT) 4:00 Toss &amp; Tell (FC) 7:00 Games with Dean (DR)</p>	<p>9 10:00 Tai Chi (FC) 11:00 Rosary (PD) 1:00 Walking Club (L) 1:00 Concert on Lawn 2:00 Brain Fit Present (MT) 4:00 Learn Yahtzee (DR) 7:00 Evening Reflections 7:00 Movie (MT)</p>	<p>10 10:00 Fitness (FC) 10:45 Meditation (FC) 11:00 Brain Gym (CR) 2:00 Bingo (DR) 3:30 Cocktail Party (Pub) Resident Sing A Long 7:00 Cribbage (DR) 7:00 Movie (MT)</p>	<p>11 10:00 Yoga-Fit (FC) 11:00 Brain Gym (CR) 1:45 Current Events (SR) 2:00 My Fair Lady Part 1 (MT) 2:00 Poker (DR) 2:30 Trivia (AR) 3:30 Homemade Bread CK 7:00 My Fair Lady Part 2 (MT)</p>
<p>12 7:30-9:00 Sunday Special Breakfast 8:30 Church Transportation 10:30 CVS (Van) 2:00 Bingo (DR) 3:30 Lemonade Social CK 4:00 Discovery Walk (TBA) 6:45 Cribbage (CK) 7:00 Foyle's War (MT)</p>	<p>13 10:00 Fitness (FC) 10:45 Meditation (FC) 11:00 Brain Gym (CR) 2:00 July Resident Council Wellness update w/Bernie 3:00 July Birthdays (CK) 4:00 Walking Club (L) 7:00 Scrabble (DR)</p>	<p>14 9:30 Catholic Communion 10:00 Fitness (FC) 10:45 Blood Pressure (FC) 1:45 Tues Matinee (MT) 2:00 Art Class II (AR) 2:00 Putting Practice (FC) 2:30 Word Search (CK) 3:00 Hand Massage (FC) 7:00 Resident Bingo</p>	<p>15 10:00 Fitness (FC) 10:00 Art Class I (AR) 10:45 Brain Fitness (CR) 2:00 Shopping Plymouth V 2:00 Macarena Dance (FC) 3:00 Longword (AR) 4:00 Walk-fit (L) 7:00 Games with Dean (DR)</p>	<p>16 10:00 Tai Chi (FC) 11:00 Walking Club (L) 2:00 Jewelry Design (AR) 3:00 Guess this Baby (L) 3:00 Root Beer Floats (CK) 6:30 Depart Plymouth (V) Waterfront John Souza Quintet 7:00 Movie (MT)</p>	<p>17 10:00 Fitness (FC) 10:45 Walk Fit (L) 11:00 Brain Gym (CR) 2:00 Bingo (DR) 3:30 Cocktail Party (Pub) Resident Sing A Long 7:00 Cribbage (DR) 7:00 Movie (MT)</p>	<p>18 10:00 Yoga-Fit (FC) 11:00 Brain Gym (CR) 1:45 Current Events 2:30 Jenn Mello Performs Legendary Female Hits (P) 3:30 Ice Tea Social (CK) 7:00 The Music Man (MT) 7:00 Scrabble (DR)</p>
<p>19 7:30-9:00 Sunday Special Breakfast 8:30 Church Transportation 10:30 CVS (Van) 2:00 Bingo (DR) 3:30 Iced Coffee Social CK 4:00 Discovery Walk (TBA) 6:45 Cribbage (CK) 7:00 Foyle's War Eagle Day</p>	<p>20 10:00 Fitness (FC) 10:45 Meditation (FC) 11:00 Brain Gym (CR) 2:00 Gifts of the Sea (P) 2:30 Travelogue (MT) 2:30 Plymouth Harbor Tour 7:00 Movie (MT) 7:00 Scrabble (DR)</p>	<p>21 9:30 Catholic Communion 10:00 Fitness (FC) 10:45 Meditation (FC) 1:45 Tues Matinee (MT) 2:00 Art Class II (AR) 2:00 Putting Practice (FC) 2:30 Word Search (CK) 3:00 Bookmarks (CK) 7:00 Resident Bingo</p>	<p>22 10:00 Fitness (FC) 10:00 Art Class I (AR) 10:45 Brain Fitness (CR) 2:00 Shopping Plymouth V 2:00 Macarena Dance (FC) 2:30 Wellness Meditation (FC) 3:00 Longword (AR) 7:00 Games with Dean (DR)</p>	<p>23 10:00 Tai Chi (FC) 11:00 Rosary (PD) 1:00 Walking Club (L) 2:00 Creative Cards (AR) 3:00 Yahtzee (DR) 6:30 Depart Plymouth (V) Waterfront Legion Bud Band 7:00 Movie (MT)</p>	<p>24 10:00 Fitness (FC) 10:45 Walk Fit (L) 2:00 Lori Sanders (Pub) Country Western Review 3:30 Cocktail Party in (Pub) Resident Sing A Long 7:00 Cribbage (DR) 7:00 Movie (MT)</p>	<p>25 10:00 Yoga-Fit (FC) 11:00 Brain Gym (CR) 1:45 Current Events 2:00 Card Games (DR) 3:00 Trivia (CK) 3:30 Fruit Smoothie (CK) 7:00 Peter Pan (MT) 7:00 Scrabble (DR)</p>
<p>26 7:30-9:00 Sunday Special Breakfast 8:30 Church Transportation 10:30 CVS (Van) 2:00 Bingo (DR) 2:00 Depart Company Theater Music Mann (V) 4:00 Discovery Walk (TBA) 6:45 Cribbage (CK) 7:00 Foyle's War Fought Fields</p>	<p>27 9:15 Christmas Tree Shop 10:00 Fitness (FC) 10:45 Meditation (FC) 11:00 Brain Gym (CR) 2:00 Inspirational Hour (P) 2:00 Reiki Workshop (FC) 3:00 Longword (AR) 7:00 Scrabble (DR) 7:00 Movie (MT)</p>	<p>28 9:30 Catholic Communion 10:00 Fitness (FC) 10:45 Meditation (FC) 1:45 Tues Matinee (MT) 2:00 Art Class II (AR) 2:00 Putting Practice (FC) 2:30 Word Search (CK) 3:00 Scrapbooking (SR) 7:00 Resident Bingo 7:00 Movie (MT)</p>	<p>29 <b>Podiatrist Visit</b> 10:00 Fitness (FC) 10:00 Art Class I (AR) 10:45 Brain Fitness (CR) 2:00 Macarena Dance (FC) 2:00 Shopping Plymouth V 3:00 Dave Burbank on Sax and clarinet in Pub 7:00 Games with Dean (DR) 7:00 Movie (MT)</p>	<p>30 10:00 Tai Chi (FC) 11:00 Walking Club 1:45 Movie Matinee (MT) 2:00 Jewelry Design (AR) 3:00 Yahtzee (DR) 4:30 Depart Olive Garden Italian Menu (V) 7:00 Evening Reflections P 7:00 Movie (MT)</p>	<p>31 10:00 Fitness (FC) 10:45 Meditation (FC) 11:00 Walk Fit (L) 2:00 Bingo (DR) 3:30 Cocktail Party (Pub) Resident Sing A Long 7:00 Cribbage (DR) 7:00 Movie (MT)</p>	