

OCTOBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Lobby (L) Activity Room (AR) Movie Theater (MT) Fitness Center (FC) Country Kitchen (CK) Dining Room (DR) Court Yard (CY) Lower Level (LL) Card Room (CR)		Wellness Clinic In the Fitness Center Wednesday October 6th 11:00 am & October 20th 11:00 am	Van Transportation for Medical Appointments In the Plymouth Area Is scheduled all day on Tuesdays and Wednesday mornings. Sign up in Activities	1 10:00 Fitness Class (FC) 10:45 Walk-fit (L) 11:00 Christian Service DR 2:00 Longword (FC) 3:15 Cocktail Party with Ann on piano in Pub 7:00 Movie (MT) 7:00 Kings Corner (CK)	2 9:00 Fitness Class (FC) 10:00 Roundtable Poker DR 10:15 Yoga-Fit (FC) 10:30 Coffee Clique (CK) 2:00 Bingo Mania (DR) 3:30 Apple Social (CK) 4:00 Walk-fit (L) 7:00 Movie (MT)
3 7:30-9:00 Sunday Breakfast 8:30 Church Transportation 10:30 CVS (Van) 2:00 Movie Matinee (MT) 2:15 Bingo (DR) 4:00 Walking Club (L) 7:00 Movie (MT)	4 9:15 Early Fitness (FC) 9:45 Meditation (CR) 10:00 Fitness Class (FC) 10:30 Mary Kay Fragrances AR 2:00 Celebrate the Life of Sidney Rowland in Pub 2:00 Shop Plymouth Loop 3:30 Kings Corner (FC) 7:00 Movie (MT)	5 9:15 Fitness Class (FC) 10:00 Yoga Beginners (FC) 11:00 Ambient Art (FC) 2:00 Chef's Cooking Demo CK 2:00 Bridge (DR) 3:00 Travelogue (MT) 3:30 Card Games (CK) 7:00 Movie (MT)	6 9:15 Early Fitness (FC) 10:00 Art I (AR) 10:00 Fitness Class (FC) 2:15 BINGO (DR) 3:00 Cranberry Bog Tour V 4:00 Walking Club (L) 7:00 Game Night (DR) 7:00 Movie (MT)	7 9:15 Early Fitness (FC) 10:00 Art II (AR) 10:00 Fitness Class (FC) 11:00 Seafood Sam's (V) 2:00 Men's Club Meet Pub 3:30 Steve Lanzalotta Pub 7:00 Movie (MT)	8 10:00 Fitness Class (FC) 10:45 Walk-fit (L) 2:00 Bridge (DR) 2:00 Longword (FC) 2:45 Word Search Contest 3:30 Wine & Cheese Pub 7:00 Movie (MT) 7:00 Kings Corner (CK)	9 9:00 Fitness Class (FC) 10:00 Roundtable Poker DR 10:15 Yoga-Fit (FC) 10:30 Coffee Clique (CK) 2:00 Starry Night Band Pub 3:30 Cranberry Social (CK) 4:00 Walk-fit (L) 7:00 Movie (MT)
10 7:30-9:00 Sunday Breakfast 8:30 Church Transportation 10:30 CVS (Van) 2:00 Movie Matinee (MT) 2:15 Bingo (DR) 4:00 Walking Club (L) 7:00 Movie (MT)	11 9:15 Early Fitness (FC) 9:45 Meditation (CR) 10:00 Fitness Class (FC) 1:30 Depart Art in Bloom (V) 2:15 Longword (FC) 2:30 Shop Plymouth Loop 3:30 Nostalgic Radio (FC) 7:00 Movie (MT)	12 9:15 Fitness Class (FC) 9:45 Rosary (PD) 10:30 Tai Chi (FC) 1:30 Women Kabbalah (FC) 2:00 Chef's Cooking Demo CK 3:30 Book Club (card room) 6:30 Women's Reflections 7:00 Movie (MT)	13 9:15 Early Fitness (FC) 10:00 Art I (AR) 10:00 Fitness Class (FC) 1:30 Knitting (AR) 1:45 Country Farm Stand V 2:15 BINGO (DR) 4:00 Walking Club (L) 7:00 Movie (MT)	14 9:15 Early Fitness (FC) 10:00 Art II (AR) 10:00 Fitness Class (FC) 11:00 Brain Gym (CR) 2:15 Resident Council (DR) 3:00 Birthday Party (CK) 3:45 Trivia Contest (FC) 7:00 Movie (MT)	15 10:00 Fitness Class (FC) 10:45 Walk-fit (L) 11:00 Pet Therapy (CK) 2:00 Longword (FC) 3:15 Cocktail Party in Pub 7:00 Movie (MT) 7:00 Kings Corner (CK)	16 9:00 Fitness Class (FC) 10:00 Roundtable Poker DR 10:15 Yoga-Fit (FC) 10:30 Coffee Clique (CK) 2:00 Bingo Mania (DR) 3:30 Pumpkin Social (CK) 4:00 Walk-fit (L) 7:00 Movie (MT)
17 7:30-9:00 Sunday Breakfast 8:30 Church Transportation 10:30 CVS (Van) 1:00 Patriots Movie Theater 1:00 Book Club (CR) 2:15 Bingo (DR) 4:00 Tai Chi (FC) 7:00 Movie (MT)	18 9:15 Early Fitness (FC) 9:45 Meditation (CR) 10:00 Fitness Class (FC) 2:00 Shop Plymouth Loop 2:00 Bridge (DR) 2:15 Longword (FC) 3:30 Chair Dance (FC) 7:00 Movie (MT)	19 9:15 Fitness Class (FC) 10:30 Tai Chi (FC) 11:00 Brain Gym (LL) 1:30 Nostalgic radio show (Pub) 2:00 Chef's Cooking Demo CK 3:30 Book Club (card room) 6:30 Women's Reflections 7:00 Movie (MT)	20 9:15 Early Fitness (FC) 10:00 Art I (AR) 10:00 Fitness Class (FC) 1:30 Word Search (AR) 2:15 BINGO (DR) 4:00 Walking Club (L) 7:00 Game Night (DR) 7:00 Movie (MT)	21 9:15 Early Fitness (FC) 10:00 Art II (AR) 10:00 Fitness Class (FC) 1:30 Knitting (AR) 2:00 Derek Mann presents Palaces of Italy & France 3:15 French Pastry (CK) 7:00 Movie (MT)	22 10:00 Fitness Class (FC) 10:45 Walk-fit (L) 2:00 Longword (FC) 3:15 Cocktail Party with Ann on guitar in Pub 7:00 Movie (MT) 7:00 Kings Corner (CK)	23 9:00 Fitness Class (FC) 10:00 Roundtable Poker DR 10:15 Yoga-Fit (FC) 1:45 Harvest Ride (V) 2:00 Bingo Mania (DR) 3:30 Harvest Social (CK) 4:00 Walk-fit (L) 7:00 Movie (MT)
24 7:30-9:00 Sunday Breakfast 8:30 Church Transportation 10:30 CVS (Van) 1:30 Book Club (card room) 2:00 Movie Matinee (MT) 2:15 Bingo (DR) 4:00 Paint a Stone (AR) 4:15 Patriots Game Pub 7:00 Movie (MT)	25 9:15 Early Fitness (FC) 10:00 Fitness Class (FC) 2:00 Shop Plymouth Loop 2:00 Bridge (DR) 2:00 REIKI Deck Room 2:15 Longword (FC) 3:30 Sports Trivia (FC) 7:00 Movie (MT)	26 9:15 Fitness Class (FC) 10:30 Tai Chi (FC) 11:00 Brain Gym (LL) 1:30 Nostalgic radio show (Pub) 2:00 Chef's Cooking Demo CK 3:30 Book Club (card room) 6:30 Women's Reflections 7:30 Oceans (MT)	27 9:15 Early Fitness (FC) 10:00 Art I (AR) 10:00 Fitness Class (FC) 1:30 Knitting (AR) 2:15 BINGO (DR) 2:30 Catholic Mass (Gen) 4:00 Walking Club (L) 7:00 Movie (MT)	28 9:15 Early Fitness (FC) 10:00 Art II (AR) 10:00 Fitness Class (FC) 10:00 Dollar Store (V) 11:00 Brain Gym (CR) 11:30 Out to Carmela's (V) 2:00 Word Search (AR) 3:00 Dave Burbank in Pub 7:00 Movie (MT)	29 10:00 Fitness Class (FC) 10:45 Walk-fit (L) 2:00 Longword (FC) 3:15 Costume Cocktail Party Ann on guitar in Pub 6:30 Pumpkin Party Girl Scouts in Activity Room 7:30 Movie (MT)	30 9:00 Fitness Class (FC) 10:00 Roundtable Poker DR 10:15 Yoga-Fit (FC) 10:30 Coffee Clique (CK) 2:00 Bingo Mania (DR) 3:30 Fall Social (CK) 4:00 Walk-fit (L) 7:00 Movie (MT)
31 Happy Halloween 7:30-9:00 Sunday Breakfast 8:30 Church Transportation 10:30 CVS (Van)	Happy Halloween Continued 2:00 Movie Matinee (MT) 2:15 Bingo (DR) 4:15 Patriots Game Pub 7:00 Movie (MT)		Calling all Men at Stafford Hill Please join our Men's Club Thurs Oct 7 2:00 pm	Friday Oct 29th Decorate Pumpkins With the Girl Scouts 6:30 in Activity Room		